#### Addiction and Recovery - An Update

Presented by the Mississippi Association of Recovering Pharmacists July 26, 2025

> Lion Hills 2331 Military Road, Columbus, MS. 39705

Rooms available at a special rate of \$112 per night single & \$112 per night double at the Columbus Hyatt, 101 Hospital Road Extension, Columbus, MS 39701. The Hyatt is located Next to Belk Dept Store and Dicks and just behind Longhorns Steakhouse. (book room by 7/10/25)

Phone Angie Earnest at 662-436-8575 and tell her you are with "MARP" for the special Rate. There is ample parking at Lion Hills where the conference is located (extra is available across Military Road in an empty lot).

#### Saturday, July 26, 2025

07:45-08:15am

Registration and breakfast

08:15-08:17am

Explanation of the Facilities and Scheduled Activities of the Day Jerry Fortenberry, MARP Seminar Coordinator

08:17-08:20am Welcome and intro to first Speaker Robert Jordan, MARP President

08:20-09:20am Examining the Role of Peer Support in Long Term Recovery April Miller, PharmD Mississippi Public Health Institute

09:20am-10:20am Integrating Holistic Therapies: Yoga, Mindfulness, and Art Therapy in Recovery Zach Thompson, LPC

10:20am-10:30am Break

10:30am-12:00pm Innovations in Medication Assisted Treatment (MAT) Dr. John Carr, MD

12:00pm-01:00pm Lunch

01:00pm-02:30pm The Impact of Cannabis on Addiction Trends Richard Hayward, M.D. (1.5 hours) Bradford Health Services 02:30pm-02:45pm Break

02:45pm-03:45pm Dual Diagnosis: Managing Addiction and Mental Health Disorders Dr. Michael McCormick, MD Palmetto Addiction Recovery

03:45pm-04:45pm Updated CDC Guidelines for Opioid Prescribing Bryan Treanor, RPh. Mississippi Public Health Institute

Total CE hours for Saturday- up to 7 contact hours (0.70 ceu)

### EXAMINING THE ROLE OF PEER SUPPORT IN LONG TERM RECOVERY APRIL MILLER, PHARM D.

ACPE UAN: 0032-9999-25-034-L99-P/T 1 contact hour (0.10 ceu)

Target audience---Pharmacists, pharmacy technicians

A knowledge-based continuing education activity

Learning Objectives:

At the conclusion of this session, participants will be able to:

- 1. Define the role of Peer Support Specialists (PSS).
- 2. Describe the impact of peer support on long-term recovery.
- 3. Identify key competencies and skills of effective PSS.
- 4. Review best practices and integration into healthcare teams.

# INTEGRATING HOLISTIC THERAPIES: YOGA, MINDFULNESS, AND ART THERAPY ZACH THOMPSON, LPC 1 contact hour (0.10 ceu)

ACPE UAN: 0032-9999-25-035-L99-P/T

A knowledge-based continuing education activity

Learning Objectives:

At the conclusion of this session, participants will be able to:

- 1. Demonstrate the brain in connection with healthy relationships and coping skills.
- 2. Demonstrate an image of the brain in trauma.
- 3. Note the similarities between the brain on trauma and the brain in addiction relapse.
- 4. Discuss the relevance of connection, spirituality, and recovery in context of the brain and body.
- 5. Discuss how yoga, mindfulness, and art therapy aid in continued recovery.

### INNOVATIONS IN MEDICATION ASSISTED TREATMENT (MAT) DR. JOHN CARR, MD.

APCE UAN: 0032-9999-25-036-L08-P/T 1.5 contact hours (0.15 ceu)

Target audience—Pharmacists, pharmacy technicians

A knowledge-based continuing education activity

Learning Objectives:

At the conclusion of this session, participants will be able to:

- 1.Define medication assisted treatment and explain its role in treating substance use disorders (particularly opioid use disorder).
- 2. Describe the types of medications used in MAT (methadone, buprenorphine, naltrexone) and their mechanisms of action.
- 3. Identify common misconceptions and stigma surrounding MAT and its use in recovery.
- 4. List the benefits of MAT, including reduced relapse rates, improved patient outcomes, and lower risk of overdose.
- 5. Identify barriers to MAT access and how pharmacists can help reduce stigma and improve patient engagement.

# THE IMPACT OF CANNABIS ON ADDICTION TRENDS RICHARD HAYWARD, MD

ACPE UAN: 0032-9999-25-037-L08-P/T 1.5 contact hours (0.15 ceu)

Target audience—Pharmacists, pharmacy technicians

A knowledge-based continuing education activity

Learning Objectives:

At the conclusion of this session, participants will be able to:

- 1. Review terminology used regarding various cannabinoids and cannabinoid products.
- 2. Discuss the pharmacodynamics and pharmacokinetics of common cannabinoids.
- 3. Describe the effects of various potencies, availability and dosing routes of certain cannabinoids on addiction potential.
- 4. Discuss the role of the provider in medical cannabis therapy.

# DUAL DIAGNOSIS: MANAGING ADDICTION AND MENTAL HEALTH DISORDERS DR. MICHAEL MCCORMICK, MD

APCE UAN: 0032-9999-25-038-L08-P/T 1.0 contact hour (0.10 ceu)

Target audience—Pharmacists, pharmacy technicians

A knowledge-based continuing education activity

Learning Objectives:

At the conclusion of this session, participants will be able to:

- 1. Discuss the presence and significance of dual diagnoses of addiction and mental health disorder.
- 2. Explain how to diagnose substance disorders, mental health disorders, and their interactions.
- 3. Discuss the common substances related to mental health pathology.
- 4. Discuss how to effectively manage and successfully treat patients with dual diagnoses.

# **UPDATED CDC GUIDELINES FOR OPIOID PRESCRIBING BRYAN TREANOR, RPH**1.0 contact hour (0.10 ceu)

ACPE UAN: 0032-9999-25-039-L08-P/T

Target Audience- Pharmacists, pharmacy technicians A knowledge-based continuing education activity

Learning Objectives:

At the conclusion of this session, participants will be able to:

- 1.Describe the three steps in the step-wise approach to managing pain.
- 2. List at least three key updates to the 2022 Centers Disease Control and Prevention Pain Guidelines.
- 3.Discuss approaches pharmacists can incorporate into their practice to maximize benefits and minimize risks when utilizing opioids for pain.



The University of Mississippi School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as providers of continuing pharmacy education. This program has been accredited for up to 7 contact hours (0.7 CEU) of continuing pharmacy education credit by the University of Mississippi School of Pharmacy, Division of Professional Development. Upon completion of these knowledge-based continuing education activities, and completion of the program evaluations, registrants will have continuing pharmacy education credits posted the MyCPE Monitor website (<a href="www.mycpemonitor.net">www.mycpemonitor.net</a>) within 60 days of this program.

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	N O 6	Fee for the seminar is \$225.00 if paid by July 15, 2025 or \$250.00 after July 15, 2025 (Breakfast and Lunch served Sat.) NO REFUNDS Remember: Call Angie Earnest at 662-436-8575 and tell her you are with MARP for the special hotel rate if you need a room or rooms.
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Pre-registration is encouraged		ake check payable to: MARP Chapman Road lumbus, MS 39705
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We accept Amer Express, Visa, Mastercard, and Discover cards We will need your card number, expiration date, security code, name as it appears on the card, billing zip code and your phone number if we have any questions. Please provide an e-mail if you want the receipt sent to you by e-mail or a mobile number if you want the receipt sent by text.

Thank you, Jerry Fortenberry, 601-937-1672 You may also register online at mymarp.com where you can print out a copy of the brochure if you wish. We accept Paypal only if paying online.

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Presented by

The Mississippi Association

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Recovering Pharmacists

Lion Hills Center
Golf Course & Country Club
2331 Military Road
Columbus, MS 39705
662-328-4837

Accommodations available at the special rate of \$112 (single or double) per night at the Hyatt and other local hotels and bb's For more information contact Jerry Fortenberry 601-937-1672